

We are trying to precede the first visit of a client with free consultation, since we think that only a correct diagnosis, understanding of a problem and appropriately selected treatment course ensure clients' satisfaction and our success. During such meeting, experienced and specialized staff will prepare a customized program of renewal which will correspond to your needs and expectations.

Face treatments

SELVERT BEAUTY TREATMENTS

Complete and Fast treatments. The **COMPLETE&FAST** line is an ideal solution for those who want visible effects in short time (30 minutes). Providing excellent results and maintaining wholesome massage, it ensures clients' satisfaction. Combination of the wealth of very effective active ingredients (bisabolol, sodium hyaluronate, allantoin, bromelain, trehalose, urea, vitamins E, C, PP, F) and modern technology allowed to shorten the treatment time by half.

| | Time (min) | Price (PLN) |
|---------------------|------------|-------------|
| Hydrating Treatment | 30 | 250,- |

Four-phase hydrating treatment, formulated especially to restore elasticity and radiation to dull, devitalized skin. It stimulates the hydration process, helps the skin to recover elasticity and firmness as well as natural beauty.

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| Anti-aging Treatment | 30 | 250,- |
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Intensive, for-phase treatment for devitalized skins, with symptoms of aging, age signs. Thanks to a combination of active ingredients (brown algae and soya seed extract), it effectively firms and regenerates the skin and helps it to recover natural elasticity. Besides, it softens, diminishes wrinkles and removes the signs of tiredness and stress from the face.

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| Purifying Treatment | 30 | 250,- |
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Flawless skin and taking care of it starts from excellent cleansing. This four-phase treatment with powerful active ingredients (such as rice bran oil and vitamin E) removes imperfections and impurities. It does not damage the skin and it does not disturb its natural balance.

BIOLINE BEAUTY TREATMENTS

Beauty treatments consisting of an enzymatic peeling, an ampoule and a mask, customized to the needs of skin.

| | Time (min) | Price (PLN) |
|---|------------|-------------|
| Optimal Hydration – hydrating treatment | 55 | 195,- |
| Royal Feast – nourishing treatment | 55 | 195,- |
| Sweet Relief – anti-stress treatment | 55 | 195,- |
| Complex Refreshment – purifying treatment | 55 | 195,- |
| Express Treatment | 30 | 120,- |

- a mask + an ampoule
- an ampoule + cavitation peeling
- face massage + an ampoule

SPECIFIC TREATMENTS

Bioline: innovative approach to face skincare. Targeted to defined problems and multilevel activity. Based on the most recent achievements of medicine, pharmacy, esthetic medicine, biotechnology. These are “portioned” treatments, supported by specific massages.

| | Time (min) | Price (PLN) |
|---------------------------------|------------|-------------|
| Details of Beauty | | |
| – Eye and lip contour treatment | 55 | 190,- |

A treatment with the main ingredient consisting of Plant Stem Cells, used in cosmetology for the first time, and active ingredients of the latest generation. It diminishes the wrinkles around the eye and lip area, brightens and gives relaxed appearance. It reinforces and elasticizes the tissue of the eyelids. It provides the lips with exceptional plasticity and freshness. It contains stem cells from an apple tree, hexapeptide, caviar and retinol.

Lifting Code

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| – Lifting treatment | 85 | 490,- |
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A treatment based on an exclusive and unique formula combining lifting with filling of wrinkles. It works on the surface and in-depth of the skin, optimizing all its functions. Effectively counteracts skin aging. Tightens, firms and moisturizes. The secret of the treatment lies in the collagen mask with regenerating and tightening effect.



| | Time (min) | Price (PLN) |
|----------------------------------|-------------------|--------------------|
| Desense | | |
| – A treatment for couperose skin | 85 | 290,- |

Ideal for people with delicate, oversensitive skin with tendency to couperose. Contains three modern macro-complexes that fight the causes of inflammatory conditions, moisturize, support micro-circulation and skin defense mechanisms, reduce stress and calm down immediately. Free of parabens and allergens.

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| Primaluce "The first brightness" | | |
| – Treatment using alpha and poly-hydroxy acids | 55 | 250,- |

The treatment smoothes, enhances moisturization, renews and illuminates through exfoliation of the stratum corneum in the epidermis and system of micro-structures.

Selvert: Modern cosmetology using the latest achievements in biology, medicine, chemistry and pharmacology. It is a new idea of skincare: mud therapy, water therapy and phyto-therapy, therefore contemporary come back to nature done by Swiss specialists.

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| Aqua | | |
| - Intensive moisturizing treatment | 85 | 330,- |

Modern moisturization of dry skin. The treatment is based on the Nobel prize winning discovery of aquaporins in the cell membrane. It improves the flow of water between the cells, gently exfoliates, renews, elasticizes and protects the skin.

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| Vitaspheres - C | | |
| – Vitamin C treatment | 85 | 350,- |

Real "bomb" of vitamin C in its different forms. It contains rosehip extract, orange Essentials oil and flavonoids. Ideal for women living in cities and expose to pollution. It neutralizes free radicals and combats photo-aging. It stimulates cellular renewal and supports collagen production.

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| Optimale | | |
| – Exclusive anti-aging treatment | 85 | 390,- |

The treatment intensifies repair processes of cell DNA and prevents its alterations. It regenerates the tissues, restores vital energy of cells, reduces the depth of wrinkles. It improves skin tone and elasticity. It reinforces, brightens, softens, and moisturizes.

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| Cellvitale | | |
| - Anti-aging regenerating treatment | 85 | 450,- |

Revolutionary treatment for mature skins to delay aging. It contains apple stem cells which slow down aging process and restore young appearance and brightness to the skin. It reduces and tightens the chin. Improves oxygenation and hydration of cells. Supports collagen production, rejuvenates and firms.



| | Time (min) | Price (PLN) |
|--------------------------|-------------------|--------------------|
| L'Ocean | | |
| - Anti-wrinkle treatment | 85 | 350,- |

Remineralizing treatment based on thalassotherapy and natural plant extracts. It restores the balance of oligoelements, amino acids and vitamins in the skin.

Selvert Thermal - DERMATOLOGIC LINE:

Treatments combined individually on the basis of skin diagnosis. During one treatment we are able to act on several blemishes at the same time (rosacea, acne, discoloration, impurities, seborrhea, psoriasis).

Types of treatments:

| | Price (PLN) |
|---|--------------------|
| - regenerating treatment with snail proteins, | 320,- |
| - treatment for couperose and rosacea skin, | 320,- |
| - treatment with musk essential oil, | 320,- |
| - brightening treatment, | 320,- |
| - anti-acne treatment. | 320,- |

| | Time (min) | Price (PLN) |
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| Manual cleansing of face / neckline / back | 115 | 220,- |

CHEMICAL PEELS

Treatments based on fruit acids. Recognized today as a good, less invasive method in combating the signs of aging. Also recommended for many skin blemishes, such as acne, seborrhea, discoloration, skin dryness, stretch marks.

| | Time (min) | Price (PLN) |
|--|-------------------|--------------------|
| Almond treatment (mandelic acid + beauty treatment) | 40 | 195,- |

This treatment is based on rejuvenating and regenerating 40% mandelic acid for all skin types. Due to unique exfoliating properties and excellent tolerance it can be used even on the most sensitive skin.

| | Time (min) | Price (PLN) |
|--------------------|-------------------|--------------------|
| Mesoesthetic acids | 30 | 250,- |

LACTIC PEEL 30%, 50%

A treatment based on lactic acid. It smoothes fine wrinkles and furrows. The treatment adds brightness to the skin through the stimulation of micro-circulation, improves moisturization, illuminates and tightens the skin.

MANDELIC PEEL 30%, 50%

Based on mandelic acid. It illuminates the skin, removes superficial discolorations, evens out the skin surface, lightens the tone, improves the oval of the face, smoothes wrinkles created by photo-aging.

MEESOPEEL- AZELAN

A treatment based on salicylic and azelaic acids. Recommended mainly to combination and oily skins, with acne, hyperpigmentation, inflammation of hair follicles and photo-aging.

MESOPEEL JASSNER

A treatment based on:

Salicylic acid: regulates sebaceous glands, supports removal of blackheads.

Lactic acid: improves skin moisturization, stimulates production of collagen and elastin fibers, has anti-inflammatory and whitening properties.

Citric acid: provides brightening and anti-oxidant effects.

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| CRYSTAL FIBER MASK | 120,- |
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An innovative mask to be used after micro-dermabrasion, mesotherapy and chemical peels, to moisturize, soothe and accelerate skin regeneration (hyaluronic acid, collagen, urea).

Mediderma acids

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| SALIPEEL | 195,- |
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Salicylic acid with exfoliating properties, able to suppress the activity of sebaceous glands. It has a very powerful anti-inflammatory and anti-bacterial properties.

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| PYRUVIC PEEL | 250,- |
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Pyruvic acid with exfoliating properties and able to improve the skin moisturization in its deeper layers. Used to treat acne, melasma and stretch marks.

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| AZELAC | 250,- |
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Azelaic acid with a very gentle exfoliating effect, regulating the activity of sebaceous glands. It has strong anti-inflammatory properties. Recommended especially for hair follicle inflammation and rosacea.

| | Price (PLN) |
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| AZELAC SYSTEM | 350,- |
| <i>Performed to treat acne, discolorations and photo-aging. There are three types of azelaic acid used in the treatment: Azelac M, Azelac Ru and Azelac peel.</i> | |
| NOMELAN CAFEICO | 350- 450,- |
| <i>A peeling with very strong depigmentation, regenerating and exfoliating effects. One of its ingredients is caffeic acid which has powerful anti-oxidant properties and can stop the process of melanogenesis.</i> | |
| RETISES CT | 350,- |
| <i>A treatment based on the activity of retinol and vitamin C. It improves skin tone, strongly exfoliates, diminishes the depth of wrinkles, elasticizes the skin.</i> | |

TREATMENTS WITH ACIDS

| | Time (min) | Price (PLN) |
|---|-------------------|--------------------|
| Primaluce "The first brightness" | | |
| – Treatment using alpha and poly-hydroxy acids | 55 | 250,- |
| <i>The treatment smoothes, enhances moisturization, renews and illuminates through exfoliation of the stratum corneum in the epidermis and system of micro-structures.</i> | | |
| Regenerating treatment | 55 | 350,- |
| <i>Designed for dry skin, with signs of photo-aging, which needs restoration of the hydro-lipid film. Based on the activity of lactic acid, an ampoule and mask with musk rose.</i> | | |
| Illuminating treatment | 55 | 450,- |
| <i>Designed for dry, dull, greasy skins with signs of photo-aging. Based on the activity of lactic acid, active ampoule and mask with vitamin C.</i> | | |
| Lifting treatment | 55 | 450,- |
| <i>Designed for mature skins, deprived of elasticity and tightness. It stimulates collagen and elastin synthesis.</i> | | |

EXFOLIATING TREATMENTS WITH EQUIPMENT

Micro-dermabrasion

It is a treatment for mechanical exfoliation of epidermis using micro-crystals of corundum. The treatment allows to significantly diminish fine wrinkles, removes post-acne alterations and impurities.

| | Time (min) | Price (PLN) |
|------------------------|-------------------|--------------------|
| Face (basic treatment) | 60 | 190,- |
| Face + neck | 70 | 240,- |
| Face + neck + neckline | 80 | 290,- |
| Back | 70 | 360,- |

Each treatment with extra hyaluronic acid, Skin-Jet or mandelic peeling – 80,-

| | Price (PLN) |
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| Transtorma treatment* | 290,- |

Skin-Jet rejuvenating and regenerating therapy with 23-carat gold, soya isoflavones and lipo-peptides with activity similar to the DHEA youth hormone. The treatment activates cellular renewal, collagen and elastic activity, moisturizes and smoothes fine wrinkles.

***recommended with micro-dermabrasion treatment, price: 360,-**

TREATMENTS WITH EQUIPMENT

Intracuticals – Rejuvenating infusion

New method of Australian scientific teams using Pure Hyperbaric Oxygen which is, through the phenomenon of infusion (vacuum), applied directly in the skin, together with active curative and conditioning ingredients, such as low molecular hyaluronic acid.

Applying pure oxygen with specific pressure, from specific distance and at the right angle, we create vacuum on the skin surface which leads to suction of previously applied cosmetic serum.

After the very first treatment the skin undergoes real transformation. The effects include visible lifting, freshness and shine, filling and improvement of face contours, increase in density, firmness and tone of the skin. The eye and lip area becomes clearly smoothed out and discolorations lightened up.

The treatment is also recommended for pregnant women.

| | Time (min) | Price (PLN) |
|-------------------------------------|-------------------|--------------------|
| Rejuvenate – rejuvenating treatment | 75 | 500,-* |

Contains hyaluronic acid, vitamins A, C, E, green tea, squalane and aloe vera. It increases density and volume of the skin, making it thicker and stronger.

Atoxelen – treatment against expression wrinkles around eyes and lips

| | Time (min) | Price (PLN) |
|---|-------------------|--------------------|
| Atoxelen – treatment against expression wrinkles around eyes and lips | 30 | 350,- |

Constitutes an alternative to Botox, diminishes the depth of wrinkles up to -27%. It contains hyaluronic acid, atoxelene (stops muscle contraction), squalane and pantenol.

| | Time (min) | Price (PLN) |
|--|-------------------|--------------------|
| <u>Opulence – brightening treatment, for discolorations</u> | 75 | 500,-* |
| <i>Stops the production of melanin, brightens, with anti-inflammatory and anti-allergic properties, seals capillaries. Contains hyaluronic acid, vitamins A, E, green tea, squalane and botanical brightening complex.</i> | | |
| <u>Clarity – anti-acne treatment, for oily skin</u> | 75 | 450,-* |
| <i>Exfoliates, reduces the size of pores, smoothes, normalizes the release and flow of sebum from sebaceous glands. It contains selenium, squalane, salicylic acid and alpha lipoic acid.</i> | | |
| <u>Clarity Sensitive – anti-acne treatment, soothing inflammation</u> | 75 | 500,-* |
| <i>Suitable for sensitive skin, also with rosacea. The treatment has anti-inflammation and anti-bacterial effects. It contains selenium, squalane, salicylic acid, ginger root extract and chamomile.</i> | | |
| *1 ampoule, e.g. face + neck | | |

Boosters

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| <u>Antioxidant Booster</u> | 75 | 500,- |
| <i>Designed for younger skins with the first signs of aging, dull and stressed, with visible capillaries. Indicated for skins with rosacea, sensitive. The treatment reduces bags and shadows under the eyes.</i> | | |
| <u>Vitamin A Booster</u> | 75 | 500,- |
| <i>Designer for congested skins, prone to impurities, with wrinkles and expression lines. The treatment improves skin elasticity, softens wrinkles, rejuvenates, reduces irritations and re-balances the tone.</i> | | |
| <u>Vitamin C Booster</u> | 75 | 500,- |
| <i>Designed for prematurely aging skins, with diffused capillaries. The treatment fights free radicals damage, stimulates collage synthesis. It visibly improves the tone and radiance of the skin, brightens and ensures photo-protection. The skin appears healthy and luminous.</i> | | |
| <u>Collagen Booster</u> | 75 | 500,- |
| <i>Designed for mature skins, with loss of tightness, elasticity, firmness and density. It provides visible lifting and tightening effect. It makes the skin appear younger and firmer.</i> | | |

Zaffiro Thermolifting

The Zaffiro head, made of precious sapphire glass, while emitting IR radiation at specifically selected wavelength causes heating and irritating the collagen fibers. It results in their rapid contraction to the initial length. In the effect, the skin becomes densified and lifted, its tightness and elasticity increases, wrinkles become smoothed, which can be seen after a few seconds of performing the treatment.

Zaffiro stimulates fibroblasts to produce completely new collagen fibers. The contents of collagen in the skin increases even by about 30%, and the effect of rejuvenation enhances during next months after the treatment. The treatment sculpts the face oval, lifts falling cheeks, eliminates nasolabial furrows.

The results are visible after the first treatment, without surgical intervention, without injections or uncomfortable recovery.

| | Price (PLN) |
|--|--------------------|
| Thermolifting of Face | 900,- |
| Thermolifting of Face and Chin | 1000,- |
| Thermolifting of Neck | 600,- |
| Thermolifting of Face and Neck | 1200,- |
| Thermolifting of Neckline | 800,- |
| Thermolifting of Face, Neck and Neckline | 1500,- |

***Recommended also for the body**

EXTRAS TO BEAUTY TREATMENTS

***Prices only if combined with other treatments**

| | Price (PLN) |
|---------------------|--------------------|
| Algae | 50,- |
| Ampoule | 60,- |
| Cream mask | 50,- |
| Cosmetic massage | 50,- |
| Microdermabrasion | 100-140,- |
| Extra cleansing | 50,- |
| Mandelic peeling | 80,- |
| Cavitation peeling* | 50,- |

**This is peeling performed with ultrasounds of low frequency. It is used to exfoliate dead epidermis and increase permeability of active substances*

LASER HAIR REMOVAL

Performed by the latest generation Lightsheer diode laser. The most effective and most powerful laser worldwide, with the power of over 100J.

Light energy changes into heat energy, penetrating to the hair follicle, where it is absorbed by melanin, the skin pigment. The absorption of radiation results in photo-chemical reaction, leading to the destruction of hair, without damaging the skin.

| | Price (PLN) |
|-------------|--------------------|
| Calves | 450,- |
| Thighs | 450-550.- |
| Whole legs | 990,- |
| Bikini line | 290,- |
| Deep bikini | 390,- |
| Armpits | 290.- |
| Arms | 450,- |
| Forearms | 390,- |
| Shoulders | 190,- |
| Moustache | 150,- |
| Beard | 150- |
| Sideburns | 150.- |
| Torso | 350-450,- |
| Back | 490,- |
| Stomach | 150-250,- |
| Nape | 290,- |

***Possible self-anesthesia with Emla (anesthetic ointment) in the salon. Price: from 20,-**

SMALL COSMETIC TREATMENTS

| | Time (min) | Price (PLN) |
|--------------------------------------|-------------------|--------------------|
| Eyebrow henna | 20 | 25,- |
| Eyelash henna | 20 | 25,- |
| Eyebrow + eyelash henna | 30 | 40,- |
| Eyebrow + eyelash henna + regulation | 30 | 50,- |

| | Time (min) | Price (PLN) |
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| Eyebrow regulation | 10 | 20-40,- |
| Eyebrow regulation with wax | 20 | 40,- |

Wax

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|--------------------------------------|-------|-----------|
| - calves | 20 | 60-80,- |
| - thighs | 20 | 80-100,- |
| - whole legs | 40-60 | 120-140,- |
| - bikini line | 20-30 | 40-60,- |
| - Brazilian bikini (deep) | 30-40 | 90,- |
| - whole legs + bikini line + armpits | 90 | 180,- |
| - arms | 20 | 70,- |
| - forearms | 20 | 50,- |
| - armpits | 20 | 40,- |
| - moustache | 10 | 20-40,- |
| - beard | 10 | 25-40,- |
| - torso | 20-30 | 60-80,- |
| - back | 30-40 | 60-100,- |
| - lower part of face | 20 | 70,- |

LYCON wax

Australian exclusive waxes, enjoying incomparable recognition around the world. Composed from the best quality natural bee wax and aroma therapeutic oils, stimulating senses, they ensure excellent results, eliminating persistent hairs even 1 mm long. At the same time, thanks to their low melting temperature, elasticity and softness, they do not pull the skin. Providing nutrition and care, they make the hair removal nearly painless. Available in many interesting colors and fragrances.

| | Price (PLN) |
|-------------------------|--------------------|
| Bikini line | 100-140,- |
| Brazilian bikini (deep) | 120-160,- |
| Armpits | 70,- |
| Face | 100-120,- |
| Upper lip | 40,- |
| Nose | 40,- |

Hair removal with sugar paste

The composition of the sugar paste is based on the Ancient recipes, containing: sugar and water, without chemical substances. Suitable for all skin types and hair. The paste isn't hot, it doesn't damage the epidermis, doesn't break the hair, decreasing the risk of their growth.

| | Time (min) | Price (PLN) |
|-------------------------|-------------------|--------------------|
| Moustache | 15 | 40,- |
| Face | 15 | 80-100,- |
| Armpits | 15 | 70,- |
| Bikini line | 30 | 120-180,- |
| Brazilian bikini (deep) | 30 | 180-200,- |
| Calves | 30 | 160,- |
| Thighs | 30 | 160,- |
| Whole legs | 60 | 280,- |
| Arms | 30 | 150-180,- |
| Back | 30 | 200-250,- |

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| Ear candling | 30 | 50,- |
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The treatment consists of heating the ear with a special candle. It clears the aural canal. Removes deposits, impurities, earwax. Accentuates buzzing in the ears.

Make-up

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| – day | 40-60 | 150,- |
| – evening | 90 | 200,- |
| – wedding, New Year's Eve | 90-120 | 300,- |

EYELASH EXTENSION AND THICKENING

This is a method of extending, thickening and styling the eyelashes. The application is based on precise attachment of each new lash to the natural one on its entire length (one to one method). The method allows to extend and thicken the lashes even by fifty percent. The great benefit of it is that it allows to forget about mascara.

| | Time (h.) | Price (PLN) |
|----------------|------------------|--------------------|
| Attachment: | 2 | 350,- |
| Replenishment: | 1 | 230,- |



PERMANENT MAKE-UP

Natural beauty through cosmetic-medical pigmentation. Treatment carried out by SWISS COLOR method, coming from Switzerland, which provides new opportunities in pigmentation. This method is characterized by applying the color layer on top of a layer. The color is deposited gently and in that way it beautifully arranges itself in the skin and stays for long. The treatment uses hypo allergic, safe micro-pigments, which meet the highest requirements.

| Treatment time: from 40 to 120 minutes. | Price (PLN) |
|--|--------------------|
| Lip contour with plastic shading | 1.100,- |
| Eyebrows by the method of drawing delicate hairs | 1.000,- |
| Eyebrows with compact filling | 800,- |
| Upper line on eyes with lash thickening effect | 600,- |
| Lower line on eyes | 350,- |
| Both lower and upper lines on eyes | 900,- |

REFLEXOTHERAPY

Unique therapy that combines therapeutic and cosmetic activities. It creates the condition of inner balance and deep reflex. Eliminates negative emotions. Stimulates metabolic exchanges, encourages purification of organism. Improves skin firmness and tightness. Prevents from appearance of wrinkles and eliminates existing ones.

| | Time (min.) | Price (PLN) |
|------------------|--------------------|--------------------|
| Face reflexology | 40 | 155,- |

A method of stimulating the receptors, which mobilizes and maintains self-regulation and self-repair of the organism. It strengthens and activates the immune, hormonal, nervous, blood and lymphatic systems. Supports slimming and elimination of toxins. Regulates the activity of the nervous system, calms down and relaxes. The treatment is especially recommended during rehabilitation after cerebral stroke, during menopause, temporary infertility, migraine, ADHD, obesity, chronic diseases and many other conditions. It is beneficial to health condition and general wellbeing of pregnant women.

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| Japanese cosmoflitting | 60 | 185,- |
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Combination of Japanese massage that deeply activates face muscles with stimulation of acupuncture points. This is a method of natural restoration of beauty.

The treatment clearly smoothes already existing wrinkles, prevents from the appearance of new ones and from loss of collagen. It decreases swelling, bruises around the eyes, reinforces muscles and improves the oval of the face. Adds luminosity and freshness to the skin. Just one treatment gives the face rested and radiant appearance. The effects of the massage are enhanced by balls of salt and ecological oils: rose and argan, stimulating the process of cellular development and regeneration. Balls of blue salt from the Andes have anti-bacterial, firming and toning properties.

The Japanese Cosmoflitting not only clearly improves the appearance but also treats. It is especially recommended for people exposed to long-lasting and intensive stress, suffering from migraine, acne, psychic tension (depression) and neurological diseases.



Body treatments

MANUAL MESSAGES

Massage has been known since the Ancient times as health treatment. The history of that way to regenerate energy and health, to beautify the body and enhance the appearance of the skin is thousands years old. Professionally performed massage gives spectacular esthetic results, eliminates unnecessary tension, makes the skin better nourished, and also positively influences our psyche.

| | Time (min) | Price (PLN)* |
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| Classical/relaxing massage | 55-85 | 160-190,- |
| Massage for men: relaxing/classical | 55-85 | 170-210,- |
| Reducing massage | 40-70 | 150-190,- |
| Slimming-anti-cellulite massage (using Chinese cupping-glass) | 40-70 | 150-190,- |
| Lymphatic drainage/ hemolymph drainage | 55 | 170,- |
| Connective tissue massage/ isometric (sports) | 55 | 170,- |
| Massage of the back | 30 | 100,- |

***Massage prices depend on the product used**

SPECIFIC RELAXING MESSAGES

“Hot Stone Therapy” Massage:

Massage using heated basalt stones. The treatment calms and relaxes the body. The stones are placed on the main energetic points in the human body (chakras), and the massage is done with remaining stones.

| | Time (min) | Price (PLN) |
|---------------------------|-------------------|--------------------|
| Massage of the whole body | 85 | 240,- |
| Massage of the back | 40 | 150,- |
| Chocolate Massage | 80 | 195,- |

Chocolate massage using Real chocolate with the addition of almond oil. Excellent feast for body and soul. Chocolate contains poly-phenols and tannins. It stimulates the release of endorphins, therefore it has an anti-depressive effect. After the treatment, the skin is velvety smooth, nourished and moisturized.



| | Time (min) | Price (PLN) |
|---------------|-------------------|--------------------|
| Honey Massage | 70 | 180,- |

Honey treatment enhances wellbeing, improves skin condition and resistance. Honey reduces negative effect of nicotine and coffee on the skin, additionally it detoxifies the organism, has anti-bacterial effect and helps in allergies. It is also excellent in the case of sleeplessness and depression, brings relief to tired body, soothes the soul, restores great wellbeing. Relaxing massage with warm honey cleanses the skin by exfoliating it, making it velvety and nourished, and the fragrance floating over the body enhances the mood.

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| Massage with a candle | 55 | 170,- |
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Relaxing massage with aromatic handle which contains Shea butter, jojoba and soya oils, enriched also with beeswax. The heat of the oil ensures unique sensations and deep relaxation, and the skin becomes moisturized and silky smooth.

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| Lomi-Lomi Massage | 85-120 | 280-320,- |
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This is a massage technique deriving from old Hawaiian tradition. The massage is performed with forearms in dancing movements, which gives the sensation of unique harmony and beauty. It provides the effect of relaxation through painless removal of tensions.

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| Hawaiian Massage | 55 | 180,- |
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Massage based on the elements of Hawaiian healing system. The operator uses the soft part of her forearm. A real feast for the body.

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| Tibetan Massage | 55 | 180,- |
| | 85 | 220,- |

This is a combination of classical, therapeutic massages and reflexotherapy. It can be performed both in a gentle and intensive way. The operator uses her elbows, forearms and joint stretching techniques during the massage.

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| Indian Head Massage | 40 | 130,- |
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Massage of the neck, shoulders, head and face. Helpful in treating migraine headaches. It brings relief and relaxation.

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| Massage For Two | 55 | 390,- |
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Romantic massage for Her and for Him, in an intimate atmosphere with mood music. Relaxing massage for Her and her Girlfriend, in one room with a glass of wine. Two professional operators, great amount of relaxation that will allow you to enjoy your company even more.



| | Time (min) | Price (PLN) |
|---------------------|-------------------|--------------------|
| AROMATHERAPY | 55 | 170,- |

This is a natural medicine method which helps to eliminate many conditions with the use of natural essential oils that provide relief for body and senses.

Aromatherapeutic massage is a general massage of the whole body using an essential oil (selected individually according to the needs) and vegetal oil.

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| Reflexology of feet | 55 | 135,- |
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Reflexology is an effective and safe method of therapy. It consists in pressing particular points in the feet called reflexes. The foot is a reflection of the general condition of organism (and the course of possible pathological alterations). Pressure exerted on these points stimulates circulation and nervous system, which supports self-treatment process and restores natural biological balance of the whole body. It can be performed at any age, both on older people, suffering from rheumatic pains or arthritis, and on young people who struggle with depression and stress.

PEELINGS

Peeling is a treatment what can do miracles. It provides immediate effect of cleansing, skin smoothing and nourishing. It enhances effectiveness of other treatments. It is especially recommended before such treatments as a mask in a capsule and massage.

| | | |
|---|----|----------|
| Saline peeling (basic, draining, detoxifying, RAM, rice vitalizing, with Shea butter) | 30 | 90-130,- |
| Sugar peeling (basic, aromatherapeutic e.g. lavender, grapefruit) | 30 | 90-140,- |
| Creamy peeling with microcapsules, reaffirming YAM | 30 | 130,- |
| Coffee-chocolate peeling | 30 | 140,- |
| Acid, enzymatic peeling | 40 | 180,- |

TREATMENTS IN DERMALIFE SPA - OCEANA CAPSULE*

Multifunctional device combining steam sauna and chromotherapy.

Provides deep penetration of the mask applied on the body, equipped with Vichy shower that rinses the mask, and also power shower, hydromassage that at the same time massages the body. During a session, face massage or mask is free of charge.

| | | |
|---|----|-------|
| Draining Mask | 30 | 190,- |
| Slimming-detoxifying Alga Mask | 30 | 160,- |
| Moisturizing-regenerating Mask | 30 | 190,- |
| Aromatherapeutic Masks (chocolate, coffee, honey) | 30 | 160,- |

CARESSED BY THE SUN TREATMENT

Professional self-tanning treatment, providing the skin with immediate brightness and summer tan effect. The treatment is performed with self-tanning product designed for people who want to achieve an even golden tan without damaging effects from the sun. The product gives the skin a beautiful shade of tan. The treatment is completely safe, also for pregnant women.

| | Time (min) | Price (PLN) |
|---|-------------------|--------------------|
| Peeling, application of nourishing mist and self-tanner | 75 | 190,- |
| Application of nourishing mist and self-tanner | 30 | 120,- |
| Application of self-tanner on the face during "Caressed by the Sun" treatment | 15 | 30,- |

OCEAN OF FREE TIME TREATMENTS

| | | |
|--------------------------|-----|-------|
| "Honey Relief" treatment | 145 | 340,- |
|--------------------------|-----|-------|

Performed on the basis of natural bee honey. It is a natural cosmetic with high percentage of nourishing substances, minerals and precious vitamins. It has soothing and capillary reinforcing properties. Additionally, it highly regenerates the skin and stimulates the body to eliminate toxins more rapidly. After the treatment the skin appear visibly toned and illuminated. Brings delight to the body and senses.

- honey body peeling,
- honey mask in the steam capsule/soft-pack blanket (face massage during the treatment),
- relaxing body massage with warm honey oil and addition of real honey,

| | | |
|------------------------------|-----|-------|
| "Coffee Awakening" treatment | 145 | 390,- |
|------------------------------|-----|-------|

Stimulating treatment carried out with products rich in caffeine and unique alga complex, energizing skin cells. Coffee has anti-cellulite and slimming properties. It is natural anti-oxidant, supports elimination of toxins from the organism and accelerates metabolism. After coffee therapy the skin is better supplied with blood and oxygenated, appearing firmer, smooth and rejuvenated.

- coffee body peeling,
- firming-slimming coffee mask in the steam capsule/ soft-pack blanket (face massage during the treatment),
- shaping-warming body massage with coffee cream.

| | Time (min) | Price (PLN) |
|-------------------------------|-------------------|--------------------|
| “Chocolate Delight” treatment | 115 | 390,- |

Chocolate treatment using genuine chocolate with addition of almond oil – real feast for body and soul. Chocolate contains natural antioxidants, polyphenols and tannins. It stimulates the release of endorphins, having anti-depressive effect. The skin after the treatment is velvety smooth and moisturized.

- chocolate body peeling,
- chocolate mask in the steam capsule (face massage during the treatment),
- relaxing body massage with genuine chocolate.

| | | |
|-----------------------------|-----|-------|
| “World of Senses” treatment | 145 | 300,- |
|-----------------------------|-----|-------|

A deeply regenerating and nourishing treatment program based on natural essential oils. It will greatly take care of your body, smoothing, illuminating and regenerating your skin. Customized fragrance will let you relax, soothing your senses and taking you to the Land of Rest.

- customized aromatherapeutic peeling (removes dead epidermis from your skin, which appears smoothed out and refreshed),
- steam sauna in the capsule,
- aromatherapeutic, relaxing-tonifying massage with customized fragrance.

RENEWAL AND RELAXATION DAY AT THE SPA

This is a unique way of spending your free time. In the rush of everyday duties we sometimes forget how important the rest and wellbeing are for us.

A Day in a Spa is a complex program and excellent combination of face and body care, full of relaxation and luxury. These several hours spent in our beauty clinic, in a quiet atmosphere and in the hands of specialists, will be great pleasure for you.

| | | |
|-------------|---------------|-------|
| 1 treatment | about 6 hours | 730,- |
|-------------|---------------|-------|

The stay includes:

- customized body peeling (sugar or saline),
- customized body mask, performed in the steam capsule Dermalife Spa - Oceana (face massage during the treatment),
- body massage (to choose between: relaxing or shaping),
- manicure, pedicure,
- face beauty treatment (customized according to the skin type),
- hair styling (washing and blow-drying).

During the stay we serve lunch, coffee, tea or a glass of wine.

BEAUTIFUL DURING AND AFTER PREGNANCY

During pregnancy women need particular care and attention. They feel fatigue more strongly, they are disturbed by painful, swollen feet and backache. There is a rapid increase in body volume, stretch marks start appearing and capillaries get broken. That's why you should remember that prevention is the most important! Specialists from our salon will take care that you look beautiful in that important for you time and that you recover after giving birth as soon as possible. We will select treatment suitable for you and we will recommend the right homecare.

Our team helped the participants of Sexy Mama program to return to form and took care of such stars as Dorota Gardias and Katarzyna Cichopek in that particular period.

We have treatments prepared specially for you:

- body peelings,
- body and bust masks,
- relaxing, therapeutic and beauty massages,
- foot reflexology,
- "Caressed by the Sun" body treatment,
- wide choice of face beauty treatments,
- body and face treatments using acids,
- manicure and pedicure in high quality conditions,
- Zaffiro,
- complete hairdressing service.

| | Time (min) | Price (PLN) |
|---------------------|-------------------|--------------------|
| <u>Care Program</u> | | |
| 1 treatment | 195 | 490,- |

The program includes:

- RVB Yam treatment (nourishing body peeling, green clay body mask with re-balancing effect, massage of the whole body based on argan oil),
- face skincare treatment (suitable to the skin type).

| | | |
|----------------------------|-----|-------|
| <u>Beautifying Program</u> | | |
| 1 treatment | 270 | 625,- |

The program includes:

- "Caressed by the Sun" body treatment
- manicure and pedicure,
- beautifying face treatment,
- day make-up,
- washing and blow-drying of hair.

MEN'S RENEWAL AT SPA

Taking care of appearance is no longer limited to women. Men's body, like women's, also needs adequate care. A visit in SPA will make you feel better, giving you a shot in the arm, and allowing to lose touch with daily troubles and pressure of work. Combination of interesting and pleasant treatments will intensely regenerate your skin, giving you the sense of relaxation.

| | Time (min) | Price (PLN) |
|--|-------------------|--------------------|
| Injection of Vitality Program (with beauty treatment) | 195 | 490,- |
| <ul style="list-style-type: none"> - <i>sugar body peeling,</i> - <i>steam capsule with body nourishing mask (face massage during the treatment),</i> - <i>relaxing massage of the whole body,</i> - <i>face skincare treatment (suitable to the skin type).</i> | | |
| A Brief Respite Program (with Spa Lux manicure) | 180 | 460,- |
| <ul style="list-style-type: none"> - <i>aromatherapeutic body peeling,</i> - <i>steam capsule with body nourishing pack (face massage during the treatment),</i> - <i>Hawaiian massage of the whole body,</i> - <i>Spa Lux manicure.</i> | | |
| Out of Concern for the Back Program | 115 | 320,- |
| <ul style="list-style-type: none"> - <i>saline body peeling in the steam capsule,</i> - <i>relaxing and warming massage of the back with hot stones,</i> - <i>classical body massage.</i> | | |

SILHOUETTE SHAPING TREATMENT

This is a series of express treatments with draining, lipolytic, lifting and shaping effects in a short time.

| | Time (min) | Price (PLN) |
|--|-------------------|--------------------|
| Thermoactive Bandages | 90 | 370,- |
| <p><i>Anti-cellulite treatment. It facilitates micro-circulation and drainage of fluids (caffeine, silanol, carnitine). Reduces adipocytes (fat cells) and fat deposits.</i></p> <p><i>The treatment includes:</i></p> <ul style="list-style-type: none"> - <i>acid body peeling – smoothes the skin, leasing it velvety, stimulates cellular renewal,</i> - <i>multi-active mask – restores optimal pH of the skin, moisturizing the superficial layers of the skin,</i> - <i>serum for critical points,</i> - <i>thermoactive bandage – wraps the body with 14-meter 'embrace', improving micro-circulation,</i> - <i>anti-cellulite connective tissue massage.</i> | | |



| | Time (min) | Price (PLN) |
|---|-------------------|--------------------|
| <u>Body Sensation Program</u> | | |
| Draining treatment with saline peeling | 55 | 300,- |
| <i>Treatment with high content of mineral salts and vitamins. It stimulates drainage and elimination of toxins. For people with the problem of retention of fluids and infiltrated cellulite.</i> | | |
| Slimming treatment with shaping peeling | 55 | 280,- |
| <i>Treatment for stomach, thighs, buttocks, and shoulders. Used to combat localized fat deposits and improve cellular metabolism.</i> | | |
| Reducing treatment with rice peeling | 55 | 310,- |
| <i>The treatment accelerates the reduction of adipose tissue, eliminates all types of cellulite and signs of skin aging. Intensively nourishes and smoothes.</i> | | |
| Shaping treatment with acid or saline peeling | 55 | 320,- |
| <i>Treatment for soft cellulite. It stimulates collagen synthesis, restoring firmness and elasticity to the skin. Provides the body with amber glow.</i> | | |

BUST TREATMENTS

| | Time (min) | Price (PLN) |
|--|-------------------|--------------------|
| Stimulating massage with an active ampoule* | 30 | 100,- |
| <i>The treatment firms and reinforces the breast muscles. Performed manually, massaging the muscles around pectoral gland.</i> | | |
| Push-up* | 40 | 180,- |
| <i>Highly regenerating, it firms and tightens the bust and neckline.</i> | | |
| <i>The treatment includes:</i> | | |
| <ul style="list-style-type: none"> - acid peeling, - tightening serum, - reactive mask, - push-up cream. | | |

*** Stimulating massage with Push up treatment at 230,-**

Zaffiro for the bust

| | |
|---|-------|
| Price of a single treatment 1200 ,- / in a series of 4 treatments | 999,- |
| <i>The treatment rapidly, painlessly and effectively firms the skin of the bust and neckline. The density of the skin increases, as well as its tone and elasticity. The effects are visible after the first treatment.</i> | |





Time (min) **Price (PLN)**

LipoLx with a push-up ampoule 40 99,-

Rapid method of improving suppleness and firmness of the skin, using RF and cavitation.

Acids for the bust (e.g. lactic, Retises, nomelan cofeico)

An acid is selected according to the needs of the skin. The treatment aims at decreasing the depth of wrinkles, elasticizing the skin, improving the stimulation of micro-circulation and enhance the color of the skin.

HOLISTIC BEAUTY THAY TREATMENTS

RVB created a line of treatments based on the principles of Tibetan medicine. They aim at restoring perfect balance to the body, resulting in improved skin firmness and elasticity, as well as at shaping the silhouette.

RAM treatment 110 370,-

Prepared on the basis of the element of fire, with the aim to eliminate toxins and excess adipose tissue from the body. The treatment uses essential oils based on the vegetal extracts from juniper, angelica, geranium. The firming process and the fight against cellulite are supported by such active ingredients as: red pepper, arnica, sacred lotus and draining algae.

The treatment includes:

- *ultra-active peeling with addition of essential oil,*
- *alga mask,*
- *shaping connective tissue massage.*

YAM treatment 110 360,-

Elasticizing and reaffirming body skin treatment. Designed also to take care of the body of mothers-to-be. It prevents from stretch marks and is ideal for all dehydrated tissues and sensitive skins. The treatment uses the activity of argan oil, organic sesame oil, monoi de Tahiti, pumpkin, pea, allantoin, Shea butter, and vitamin E.

The treatment includes:

- *creamy peeling of the whole body,*
- *mask with green clay and vitamin C,*
- *relaxing massage or reaffirming massage of the whole body.*

BODY TREATMENTS WITH EQUIPMENT

WATERMASS

Slimming, firming, reduction of cellulite

Treatment using a device for endermologie massage: rolling-underpressure-rotational in a wet environment. It slims rapidly, eliminates cellulite and improves skin blood supply, making it firmer. Massage takes advantage of beneficial activity of brine and special essential oils. The treatment eliminates cellulite and perfectly shapes the silhouette.

| | Time (min) | Price (PLN) |
|-------------|------------|-------------|
| 1 treatment | 45 | 160,- |

***series of treatments –see discounts**

BODY SOUND PROGRAM

Slimming, firming, bust and buttocks lifting

Unique, patented combination of ultrasounds and electro stimulation. It causes complex, deep activity on fat deposits, water retention, lymph stagnation, slack skin. We can reinforce the slimming properties of the treatment using sonophoresis, that is by introducing deep into the skin an active slimming product (ampoule) using a stream of ultrasounds. Great for people who do not have time for the gym. Effects are clearly visible in a short time.

| | | |
|--------------------------|---------------------|------|
| 1 treatment + an ampoule | total time 60 min., | 90,- |
|--------------------------|---------------------|------|

***series of treatments –see discounts**

SHAPELX

Slimming, body shaping, reduction of cellulite

ShapeLX is a platform to shape the body and reduce cellulite. It combines the action of intensive infrared light, RF, underpressure and massage. Simultaneous drainage using massaging heads and radiation of sucked skin fold with RF energy and infrared light ensure high effectiveness of the treatment in a short time.

Effects after treatment series:

- Decreased volume of deeply localized adipose layers
- Clear improvement of blood and lymph circulation
- Fast elimination of toxins and unnecessary metabolic products
- Increased production of collagen and elastin by the cells.

| | Price (PLN) |
|----------|-------------|
| Buttocks | 400,- |

Recommended series of 4 treatments 999,-

| | |
|--------|-------|
| Thighs | 600,- |
|--------|-------|

Recommended series of 4 treatments 1200,

| | Price (PLN) |
|---|--------------------|
| Stomach | 400,- |
| Recommended series of 4 treatments 999,- | |
| Shoulders | 400,- |
| Recommended series of 4 treatments 999,- | |
| Back | 400,- |
| Recommended series of 4 treatments 999,- | |
| Chin | 300,- |
| Recommended series of 4 treatments 600,- | |
| *Three areas: buttocks + thighs + stomach, series of 4 treatments 2699,- | |

LIPOLX

Firming, shaping, reduction of cellulite

Innovative method using cavitation, which breaks down adipose cells, allowing their fast removal from the organism, and radiofrequency, which by using RF waves heats up collagen fibers, causing better blood supply, oxygenation and nourishment of cells.

The effects: reduction of cellulite, decrease of local fat deposits, local swelling and flaccidity of the skin as well as increased skin suppleness and firmness.

| | Time (min) | Price (PLN) |
|--------------------------|-------------------|--------------------|
| 1 treatment + an ampoule | 40 | 99,-* |

***for any single body area selected**

ZAFFIRO THERMOLIFTING

Non-invasive, painless and immediate skin firming, lifting and smoothing treatment. The effect is visible after a few moments from starting the treatment (more information – see face care part).

| | |
|----------------------------|---------|
| Thermolifting of stomach | 1.200,- |
| Thermolifting of shoulders | 790,- |
| Thermolifting of thighs | 1.200,- |
| Thermolifting of bust | 1.200,- |
| Thermolifting of buttocks | 1.200,- |
| Thermolifting of hands | 400,- |

Esthetic Medicine

Wrinkles result from the passing of time and are caused by activity of many factors referring to our life style. It is a hollow in the skin caused by changes in its "scaffolding" which is made by collagen and elastin fibers. Let us convince you that there is nothing wrong or embarrassing in using benefits of esthetic medicine. Especially that these are effective and safe treatments. We are not able to stop the time... Let's try to maintain beauty...

MEDICAL PEELINGS

Peelings are used both in treating skin aging and as prevention against the appearance of its signs. The treatments help to eliminate discolorations, acne alterations, post-acne scars, stretch marks, excessive flaccidity of the skin etc. This is a whole group of treatments consisting of the elimination of the outer layers of epidermis and dermis in order to radically improve its appearance and color.

| | Price (PLN) |
|------------------------|--------------------|
| <u>Almond Peeling</u> | |
| Face | 270,- |
| Face + neck | 320,- |
| Face + neck + neckline | 400,- |
| <u>Pyruvic Peeling</u> | |
| Face | 270,- |
| Face + neck | 320,- |
| Face + neck + neckline | 400,- |
| <u>TCA</u> | |
| Face | 330,- |
| Face + neck | 375,- |
| Face + neck + neckline | 430,- |

Yellow Peel

The least invasive among the chemical peelings. The intensity of the peeling activity can be customized according to the type of skin damages. It has exfoliating and stimulating effects. Treatment recommendations include: post-acne scars, skin seborrheic disturbances, fine wrinkles and after sun alterations, skin flaccidity, discolorations on the face, hands and neckline, and photo-aging.

| | Price (PLN) |
|------------------------|--------------------|
| Face | 550,- |
| Face + neck | 600,- |
| Face + neck + neckline | 700,- |

Cosmelan 2.000,-

This is a treatment with strong de-pigmentation activity. It allows to effectively get rid of pigment spots, restoring smoothness and glow to the skin.

Dermamelan 2.000,-

De-pigmenting treatment of new generation, effective in fighting discolorations. The main indication is elimination of spots of hormonal origin (melasma). It contains immediately brightening agents. Suitable for all complexions. Fully safe, can be used At any time of the year.

MESOTHERAPY

Who is mesotherapy for? It is for everybody with dull, tired or flaccid skin. It will act much more effectively, and above all faster than the most expensive cream. During the treatment a doctor provides moisturizing and nourishing substances where the skin needs them most, that is inside. Most often they are combinations of hyaluronic acid, minerals and vitamins. They are provided by the doctor with shallow, painless injections. The best effect comes with a series of 2-3 treatments in 2-3 weeks intervals.

Mesotherapy is most often successful in revitalization of such parts like neck, neckline, eye contour. Really great effects are achieved when using that technique on hands. The medicinal substances are administered in the similar way in the case of hair loss (so called scalp mesotherapy) and in anti-cellulite therapies (REVITAL CELLUFORM) .

During the course of mesotherapy treatment, the puncture is also important since it stimulates creation of new collagen processes.

Face Mesotherapy

- moisturizing, regenerating, anti-wrinkle therapy

| | |
|--------------------------------------|------------|
| Preparation: biostimulating cocktail | od 250,- |
| Preparation: hyaluronic acid | 450-700,- |
| Preparation: Dermaheal HSR | 450,- |
| Preparation: Mesolis | 450- 600,- |

Lifting Mesotherapy

Preparation: Up Grade

| | |
|------------------------|---------|
| Face | 700,- |
| Face + neck + neckline | 1.200,- |

Mezobotox

Preparation: Botox + biostimulating cocktail od 600,-

Discoloration Mesotherapy

Preparation: Dermaheal SB 450,-

Reduces already existing skin discolorations and prevents from melanin synthesis. It has brightening activity and effectively prevents from further skin pigmentation. Smoothes out skin color. Effective also in fighting age spots.

Eye Contour Mesotherapy

Preparation: Dearnheal SR 350,-

Preparation: Light Eyes Ultra 550,-

Innovative revitalizing cocktail, containing hyaluronic acid, butcher's broom, berry, rosemary, vitamin C and hexapeptides. This is a unique combination which is – as the only one among the products available on the market – able to manage with eye shadows, swelling and wrinkles at the same time. It improves micro-circulation and skin elasticity, diminishing the tendency to retain fluids around the eyes.

Hand Mesotherapy

Spectacular rejuvenating effect. After the treatment, the skin on the hands is clearly more dense and smoothed, and missing tissue is filled. The effect is natural and long-lasting.

Preparation: Princess Rich 1500,-

Preparation: Radiesse 1800,-

Shoulder Mesotherapy

Preparation: biostimulating cocktail 990,-

A treatment designed for ladies in each age with the excess of flaccid tissues in the lower part of shoulders. It is a firming cocktail of three amino acids combined with hyaluronic acid.

Scalp Mesotherapy

Preparation: Dermaheal HL, Hair Plus 400,-

Decreases hair loss and baldness both in women and men. Supports re-growing of hair through revitalization of hair bulbs and stimulation of circulation. It prevents from scalp problems and increases hair density and thickness. Stimulates and reinforces hair bulbs. Moisturizes and nourishes hair and scalp.

Anti-cellulite Mesotherapy

Innovative method of fighting cellulite. A treatment designed mainly for people who have already tried different method of fighting against cellulite, without effect.

Preparation: Revital Celluform (1 ampoule) Price from 440,-

Contains phosphatidylcholine which melts the adipose tissue, and vitamin PP, stimulating blood and lymph circulation.

Preparation: Dermaheal LL

Price for 1 treatment

(specific area, e.g. buttocks, thighs) Price from 400,- (1 ampoule)

A treatment performed in a series of 3 to 6 sessions every 2 weeks.

In combination with a series of massages or Wattermass treatment, it provides spectacular effects already after one month of using it. Before starting the series of treatments, it is recommended to have consultation.

CORRECTION OF WRINKLES

Botox (botulinum toxin) – the most spectacular and fastest treatment.

The aim of botox is not only to smooth wrinkles (which is done by the way) but to block nervous conduction, so that our expression muscles do not work and the skin does not lose its shape. When the substance stop working, then the muscles re-start their activity.

The botulinum toxin has many applications, such as: smoothing wrinkles, lifting eyebrow arches, eliminating fine lines and smoker lines on upper lip. When you have a problem with excessive sweating (also of hands and feet) then botox injections are great and the only way to combat that unpleasant condition. Botulinum can be also used to improve the appearance of the lower part of face, especially to correct so called gummy smile (while smiling not only teeth but also gums are visible) as well as some wrinkles on chin and neck.

Price (PLN)

Correction of wrinkles,

Preparation: Botulinum (Botox Dysport, Botox Boconture)

| | |
|---|--------|
| Crow's feet | 650,- |
| Lion wrinkles | 650,- |
| Forehead horizontal wrinkles | 750,- |
| Upper part of the face (crow's feet, lion wrinkles, horizontal wrinkles) | 1500,- |
| Wrinkles above the upper lip | 330,- |
| Orange peel skin on the chin | 450,- |
| Gummy Smile | 700,- |
| Neck | 700,- |



FILLING OF WRINKLES

Hyaluronic Acid

One syringe and a few minutes would be enough to take away some years from our face. All modern fillers are based on hyaluronic acid, naturally present in our tissues. Its properties allow to bind and store water in the skin.

The treatment consists in injecting hyaluronic acid in the area of a wrinkle or furrow, which causes its pushing from inside.

Additionally, the acid increases natural skin moisturization and delays its aging process.

Preparation:

hyaluronic acid: (Juwederm, Surgiderm, Fortelis, Princess)

Face (1 ampoule)

Price from 1350,-

REMODELING THE SHAPE AND OVAL OF THE FACE

Thread Lifting

Thread lifting is a revolutionary method of face lifting. This is an alternative for face lifting treatment which requires long-lasting recovery. The threads are used to reconstruct so called scaffolding of face and neck. The treatment is safe. The effects are comparable to those of surgical lifting.

The threads are inserted with special syringes or cannulae which do not leave any marks on the skin. They are made of biocompatible absorbed material. The thread undergoes resorption but around it there is a strong process of collagen and elastin synthesis and renewal and proliferation of skin cells responsible for the processes of elastic elements synthesis. The effects after the treatment stay for even up to five years.

Price from 1.200,-

Sculptra and Radiesse

This is so called lifting without a scalpel. Real revolution!

The product is administered via injection, as other fillers, but acts in a completely different way. It stimulates production of its own collagen, and formed proteins increases the volume of tissues. The effect of this is a clearly tightened and firmed skin. Great effects in case of mature skin, rejuvenating it by a few years or also as anti-aging prevention.

Thank to this method it is possible to diminish wrinkles, improve the oval of the face, remove nasolabial furrows, and re-model stomach or thighs.

Sculptra

Price 1.900,-

Radiesse

Price 2.000,-

Volumetria

Rounded, emphasized cheek bones is a dream of every woman. Hyaluronic acid (in the form of trick gel) becomes an implant in the hands of a doctor. And it is absolutely safe as a natural element of our skin, which is "temporarily" missing. Administered for example around the cheek bones, it emphasizes them, providing youthful appearance. The most important is the fact that the treatment effects are immediately visible.

Voluma

Price from 2.200,-





LIP SHAPE CORRECTION

The treatment allows to emphasize the lips, give them nicer shape, prevent their atrophy that progresses with age. When we inject a bit of filler in the corners of the lips close to the upper lip, our face will acquire a more "smiling", cheerful appearance. It is very safe because modern fillers based on hyaluronic acid are 100 % natural.

Price (PLN)

Preparation: hyaluronic acid (Surgiderm, Juwederm, Filler) from 1.200,-

PLATELET-RICH PLASMA

Platelet rich plasma contains growth factors isolated from patient's own blood, allowing to create own youth elixir. Growth factors included in the plasma stimulate restoration of skin cells, so the skin recovers vitality. The skin becomes smoother, more elastic and younger. The treatment is used on wrinkles of various depth, furrows, eye shadows, to rejuvenate lips as well as against excessive hair loss.

Regeneris – PRP from 1.200,-

Obtained through taking blood, then spinning it in a centrifuge and adding activation factor. Ready made product is injected according to the principles of classic mesotherapy.

TREATMENT OF HYPERHIDROSIS

The treatment allows to effectively limit the release of sweat. Recommended to all, especially to people with decreased resistance to stress. The treatment consists in injecting indicated area with the botulinum toxin which blocks the activity of sweat glands.

Preparation: Botulinum (Botox Dysport)

Armpits 2.000,-

Hands 2.000,-

Feet 2.000,-

DISCOLORATIONS

Discolorations are disorders in skin pigmentation, appearing as dark spots. Their formation is favored by situations with hormonal disorders (hormonal contraception, pregnancy) and skin inflammation conditions (acne, traumas).

Dermamelan 2.000,-

De-pigmenting product of new generation, effective in fighting discolorations. It is mainly indicated to eliminate spots of hormonal origin (melasma). It contains instantly brightening agents. Suitable for every complexion. It is completely safe and can be used at any time of the year.

| | |
|----------|--------------------|
| | Price (PLN) |
| Cosmelan | 2.000,- |

This is a treatment with strong de-pigmentation activity. It allows to effectively get rid of pigment spots, restoring smoothness and glow to the skin.

Yellow Peel

The least invasive among the chemical peelings. The intensity of the peeling activity can be customized according to the type of skin damages. It has exfoliating and stimulating effects. Treatment recommendations include: post-acne scars, skin seborrheic disturbances, fine wrinkles and after sun alterations, skin flaccidity, discolorations on the face, hands and neckline, and photo-aging.

| | |
|------------------------|-------|
| Face | 550,- |
| Face + neck | 600,- |
| Face + neck + neckline | 700,- |

TCA

Peeling based on trichloroacetic acid.

| | |
|------------------------|-------|
| Face | 330,- |
| Face + neck | 375,- |
| Face + neck + neckline | 430,- |

CLOSING OF CAPILLARIES

Red spider angioma or blush on the face constitute one of the most frequent problem of Polish women. Fortunately, today there are effective methods of eliminating nervous dots and lines forever. Vascular alterations on the face are removed with laser. How does it work? The device emits a bundle of radiation at a wavelength which is captured only by hemoglobin. After absorption it is transferred into heat which then causes evaporation of water and blood from the capillary. As a result, the little red thread disappears.

Laser most often closes small capillaries, while for extensive broken capillaries the best would be sclerotherapy treatment. This method gives possibility to close even the biggest veins. The doctor administers – directly into enlarged capillaries – a shrinking drug with a very thin syringe. Immediately after injection the patient puts on a special compression stocking and wears it for a few days.

Price (PLN)

Face:

| | |
|------------------|---------------------|
| Single capillary | 100,- |
| Body | from 400,- (1 area) |

REMOVAL OF BIRTHMARKS

| | |
|--------------|-----------|
| 1 treatment, | from 50,- |
|--------------|-----------|

BODY TREATMENTS

The treatment consists in injecting under the skin a product with phosphatidylcholine, which melts down adipose cells. In combination with a series of massages or Wattermass treatment, it provides spectacular effects already after one month of using it. Before starting the series of treatments, it is recommended to have consultation.

Lipolysis

Preparation: Aqualix + syringe

| | |
|---------|-------------|
| Chin | 400,- |
| Stomach | 800-1.000,- |
| Hips | 600-800,- |
| Thighs | 600-800,- |
| Knees | 600,- |

Anti-cellulite Mesotherapy

Innovative method of fighting cellulite. A treatment designed mainly for people who have already tried different method of fighting against cellulite, without effect. The treatment performed exclusively by qualified esthetic medicine doctors, in a series of 3 to 6 sessions every 2 weeks.

Preparation: Revital Celluform

| | |
|--|------------|
| (1 treatment on selected area, e.g. thigh) | from 440,- |
|--|------------|

Revital celluform contains phosphatidylcholine which melts the adipose tissue, and vitamin PP, stimulating blood and lymph circulation.

Preparat Dermaheal LL: (1 treatment on selected area, e.g. thigh) from 400,-

Slimming and anti-cellulite activity. Effectively reduces adipose cells and breaks down cellulite. Tightens, smoothes and firms the skin.

FILLING OF LABIA

Filling of labia treatments are carried out for women who want to change their esthetic appearance or when their labia major are too small and therefore do not protect labia minor. There might occur infections and irritations then, causing discomfort. The treatment is also excellent in case of women in their menopause period, after chemotherapy or at the time of significant loss of weight, when the amount of adipose tissue decreases making the skin thinner.

Desirial, Desirial plus

Preparations based on hyaluronic acid, used in esthetic gynecology, that allow to enlarge labia. Desirial is the first line worldwide of resorbable implants on the basis of cross-linked hyaluronic acid produced with the use of patented IPN-Like technology and addition of anti-oxidant used to moisturize private parts, revitalize labia major, restore elasticity and increase their volume

| | Price (PLN) |
|----------------------------|--------------------|
| Desirial (1 ampoule - 1ml) | 1.350,- |
| Desirial plus | 2.500,- |

Medical Consultation

| | Time (min) | Price (PLN) |
|-----------------|-------------------|--------------------|
| 1 consultation* | 30 | 80,- |

***it is free of charge if there is a treatment done after consultation.**

Hands and feet care

| | Time (min) | Price (PLN) |
|--|-------------------|--------------------|
| Nail painting | 10 | 25,- |
| Hybrid nail painting | 20 | 50,- |
| Manicure | 40 | 60,- |
| Fresh manicure (nail shortening and filing, painting of nails) | 30 | 35,- |
| Manicure with painting | 60 | 65,- |
| Manicure with French painting | 60 | 75,- |
| Manicure LUX (manicure, hand peeling, nail painting) | 60 | 80,- |
| Japanese manicure (without painting) | 60 | 95,- |
| Hybrid manicure | 60 | 100,- |
| Hybrid manicure + removal of hybrid | 75 | 120,- |
| SPA LUX manicure (manicure, peeling, mask/paraffin, nourishing oil) | 75 | 120,- |
| Gel/acryl on natural nails | 90 | 150-160,- |
| Gel/acryl nail extensions | 120 | 200-220,- |
| Gel/acryl replenishment | 90-120 | 140-160,- |
| French gel/acryl replenishment | 90-120 | 170,- |
| Gel/acryl replenishment + hybrid painting | 90-120 | 175,- |
| Gel/acryl manicure (filing, glosser/painting) | 60 | 75,- |
| Gel/acryl manicure + hybrid painting (filing, hybrid painting) | 60 | 100,- |
| Gel/acryl removal | 60 | 100,- |
| Pedicure | 60-90 | 110-130,- |
| Therapeutic pedicure (specialist) | 90 | 130-160,- |
| Hybrid pedicure | 90 | 150,- |
| Hybrid pedicure + removal of hybrid | 90 | 170,- |

| | Time (min) | Price (PLN) |
|---|-------------------|--------------------|
| Fresh pedicure (shortening and filing of nails, painting of nails) | 30 | 65,- |
| Pedicure + manicure with painting | 120 | 175,- |
| Pedicure + manicure with French painting | 120 | 185,- |
| Men's pedicure + manicure | 90 | 160,- |
| Hybrid pedicure + manicure | 120 | 230,- |
| | | |
| SPA LUX pedicure (pedicure, peeling, mask/paraffin, nourishing oil) | 90 | 150,- |
| SPA LUX pedicure + SPA LUX manicure | 150 | 250,- |

ACIDS for FEET

This is a fast, effective and pleasant way for beautiful feet! Pedicure is made with technologically advanced cosmetic acids. The acids easily soften hard, corneous epidermis. Treatment performed with acids has not only beautifying but also therapeutic properties. It allows to remove exuberant and corneous epidermis in a fast and easy way, it removes cracks on heels, and rough and dried skin recovers softness and elasticity.

| | Time (min) | Price (PLN) |
|--|-------------------|--------------------|
| Treatment with acids for feet | 30 | 90,- |
| Treatment with acids for feet, pedicure, nail painting | 60-90 | 210,- |

SPECIALIST PODOLOGY

| | | |
|---|-------|---------|
| Cracking heels | 60 | 60,- |
| Trimming ingrown nails | 30 | 50,- |
| Reliefs, amortization | 15 | 20,- |
| Reconstruction of toenail plate | 60 | 40-80,- |
| Orthonyxia brace – application | 60-90 | 150,- |
| Orthonyxia brace control – reallocation | 30 | 70,- |

Hairdressing Salon

Our hairdressers belong to the training team of American Hairdressing School Pivot Point. They collaborate with the best stylists famous worldwide, becoming themselves real artists of hairdressing craft. The hairdressers, Ce-Ce' Stylists, using knowledge and skills polished under the supervision of world-famous hairdressing masters, create hairstyles perfectly selected to beauty and most recent trends in fashion.

Ce-Ce' of Sweden –this is a brand known on the Polish market for several years. It creates highest quality cosmetics on the basis of the most sophisticated Swedish technology. All products are manufactured with the best raw material available around the world. Carefully combined and selected ingredients contain natural plant and fruit extracts.

BASIC PROCEDURES

| | Cena (PLN) |
|---|-------------------|
| Blow dry | 50-70,- |
| Women's hair cut with blow dry | 90-110,- |
| Men's hair cut with blow dry | 60,- |
| Children's hair cut (till 12 years old) | 45,- |
| Perm with hair cut and blow dry | 170-180,- |
| Color with hair cut and blow dry | 200-240,- |
| Vegetal color with hair cut and blow dry | 210-250,- |
| Color Essence with hair cut and blow dry | 230-250,- |
| <i>Delicate and safe cream for permanent coloring, without a trace of ammonia. It has soothing and anti-inflammation action on the scalp making the process of coloring safe and gentle. It contains beeswax and vitamin C which reinforce hair and help maintain long-lasting color and natural shine.</i> | |
| Goldwell color | 240-260,- |
| Highlights with hair cut and blow dry | 230-260,- |
| 3D color with hair cut and blow dry (ombre, reflexes) | 260-290,- |
| <i>This is the latest hairdressing trend. Thanks to this color, the hair is gently lightened, as if caressed by sunrays. It gives an impression of colors penetrating in the hair and gives the color dimensional effect.</i> | |
| Color + highlights with hair cut and blow dry | 270-300,- |

| | Price (PLN) |
|---|--------------------|
| Color + 3D color with hair cut and blow dry | 270-300,- |
| Bun/Up do | od 150,- |
| Trial wedding style | 150,- |
| Wedding style | 250-290,- |
| Bleaching | od 120 do 195,- |
| Straightening/Curls | od 30,- |
| Regenerating ampoule | 50,- |

HAIR EXTENSIONS AND THICKENING

We are a representative of Pierre Balmain brand and stylists doing hair extensions and thickening are at the same time its trainers. Their craftsmanship and unique style of work has been proven by several wins in the Polish Open Hair Extensions and Thickening Championships.

| | Length (1 strand) | Price (PLN) |
|--|--------------------------|--------------------|
| Hair extensions by Balmain method (1 natural strand) | 15-45 cm | 18,- |
| Hair extensions by Balmain method (1 synthetic strand) | 15-45 cm | 12,- |
| Extension removal (1 strand) | | 4,- |
| Reallocation of bands | | 450,- |
| Extensions and thickening – entire head (Double Hair bands) | 45 cm | 1500,- |

PERMANENT STRAIGHTENING OF HAIR – KERATIN SYSTEM

Created in the USA, Global Keratin therapy has been designed specially for people with fluffy and damaged hair. Keratin based treatment is gentle for the hair, improves its condition, restores its structure, deeply nourishes and reinforces. Besides it makes the hair resistant to weather conditions and counteracts the effects of humidity. As a result the hair is trick, shiny, and it doesn't need hairdryer or straightening iron.

| | Price (PLN) |
|------------------------------|--------------------|
| Straightening of short hair | 390,- |
| Straightening of medium hair | 690,- |
| Straightening of long hair | 890,- |

SPA FOR HAIR

Price (PLN)

SINE OF SILK RITUAL – Ce-Ce'

120,-

Effect: healthy, full of shine, smooth hair.

A treatment based on Ce-Ce' MED' SILK cosmetics – care line for dry and matte hair. The active ingredient is silk, which restores proper level of moisture and regenerates damaged structure of hair. Wheat proteins strengthen the hair and restore their suppleness and healthy appearance. Wheat germ oil soothes irritations and counteracts skin aging.

COLOR SAVE RITUAL – Ce-Ce'

120,-

Effect: regenerated after color, strong, full of shine hair.

A treatment based on Ce-Ce' CARE' COLOR SAVE cosmetics – care line for hair weakened by coloring, dry and matte, to counteract washing out of pigments, so that the color stays for longer. The active ingredients include silk and keratin, which restore losses in the hair structure, sealing the surface of the hair, prevent the pigment from washing out and make the hair soft and shiny. D-Panthenol soothes the scalp irritated by coloring, moisturizes and regenerates the skin.

INTENSIVE ACTION RITUAL – Kérastase

The treatments ensure long-lasting and multi-dimensional results. The hairdresser – advisor will compose the ritual according to the needs of your hair. The Intensive Action Ritual consists in: Bath + Concentrate + Booster Fusio Dose + Mask + Kerastase Texturiser.

The treatment is carried out together with blow dry.

Sample hair problems:

Time (min) **Price (PLN)**

VERY WEAK, FRAGILE AND BRITTLE HAIR

60

160,-

The treatment restores strength to hair and increases its resistance, intensively reinforcing the inner structure. Deeply restoring action of the mask optimizes the result by replenishing missing keratin. Besides it thickens and strengthens the outer protective layer of the hair.

DRY AND DEPRIVED OF SHINE HAIR

60

160,-

The treatment restores silkiness to hair, smoothes and gives shine thanks to nourishing oils of micro-emulsion. Velvety mask intensifies the effect of nourishment, adding softness and natural discipline to the hair, while perfectly protecting hair from dryness.

TINTED HAIR, DEPRIVED OF SHINE

60

160,-

The treatments provides the hair with multi-dimensional brightening of color and nourishment. Hair care mask with ingredients fixing the color inside the hair fiber and protecting the sine of the color, will enrich hair care result, adding shine and strengthening the effect of excellent coloring for longer.

Time (min) **Price (PLN)**

THIN AND DELICATE HAIR, DEPRIVED OF VOLUME 60 160,-

The treatment restores suppleness and vitality to the hair, with a clear effect of thickening its fibers. Revitalizing mask will reinforce the result, adding density to the style, strengthening also the hair structure and smoothing porosity on the hair surface, providing the hair with beautiful shine and firmness.

TINTED, MATTE, LIGHTENED, HIGHLIGHTED HAIR 60 160,-

The treatment perfectly fixes the color and strengthens the inner structure of hair. Creamy mask will add exceptional softness and smoothness to the hair, brightening the color in a multi-dimensional way to highlight the beauty of coloring and to protect its shine.

VERY DRY AND UNRULY HAIR 60 160,-

The treatment intensively and deeply nourishes the hair thanks to the oils enriched with ingredient that reinforce the effect of hair fiber softness. Intensively disciplining and moisturizing action of the mask ensures the result of effective and lasting smoothing, Chile protecting from fluffiness of hair due to humidity.

24 CARAT RITUAL 60 190,-

*Elixir Ultime Bath, Elixir Ultime Mask, Ampoule, Elixire Ultime Oil.
Luxury treatment combining highly concentrated ingredients that make the hair shiny, nourished and reinforced. The hairdresser will select customized care from the wide range of Elixire Ultime oils.*

The Stylist

METAMORPHOSIS

Our Stylists will help you emphasize natural beauty. Turn yourself in to professionals:

- You will discover your personal color chart.
- You will learn the art of perfect make up.
- You will find a hair style emphasizing your beauty.
- You will create your own, unique style.
- You will regain self-confidence.

Feel unique, ravishing, compelling... Complete Metamorphosis includes:

- Face beauty treatment customized to your skin type,
- Manicure and pedicure,
- Complex styling together with Personal Shopper – your individual stylist,
- Hairdressing At the highest level – coloring and selection of hair style suitable to your type of beauty,
- Day or evening make up.

| Time (min) | Price (PLN) |
|------------|-------------|
| 8h | 980,- |

IMAGE CREATION

Professional consultancy in styling, clothing and make-up by Urszula Siennicka – the Stylist of Stars.

Styling include:

| | Price (PLN) |
|--|-------------|
| 1st Stage | 400,- |
| <ul style="list-style-type: none">- Color analysis (defining the type of beauty)- Color selection for clothing, jewelry and extras- Selection of hair color and style (wig) | |
| 2nd Stage | 400,- |
| <ul style="list-style-type: none">- Selection of make-up color according to the type of beauty- Teaching of make-up- Silhouette analysis, selection of clothing cut according to the type of figure, selection of individual style of clothing | |

Complete styling (1st + 2nd Stage during one visit) - Price 600,-

Vouchers

You would like to give somebody a unique gift? You are looking for original present for beloved person, friend or business partner? Specially for that purpose we have prepared elegant vouchers. Giving such voucher, you are offering luxury rest, beautiful appearance and excellent wellbeing.

The vouchers can be bought for an exact treatment or it can be an exact amount for free use.

Our offer includes a few Spa rituals that we can propose, for example "Renewal and relaxation day at Spa" or "Chocolate delight". For men we recommend "Men's renewal at Spa". Additionally, our Clients may simply buy a voucher for a single service: manicure, hair styling, or any of the most popular now body treatments, like: ShapeLX.

Discounts

In body care section

| | |
|------------------------------------|--------------|
| 6 treatments (payment in advance) | 10% discount |
| 12 treatments (payment in advance) | 15% discount |

_____Our offer is enriched by

Arrangement of events

Events for companies, training, hen parties, other ceremonies e.g. birthday, name day etc.

We propose:

- *Renting of rooms,*
- *Arrangement of thematic meetings,*
- *Full service of the event: idea of the meeting, program, catering, artistic setting.*

Consultations

- 30 min. – free of charge consultation – interview combined with fixing treatment course
- 75 min. – price 120,- – short massage, evaluating the condition of body and fixing individual treatment course.